

## Be Still and Know That I am God

By Arlin Sorensen

One thing God has shown me as I work to slow down is that much of the problem I have is around control. I want to control my schedule, my talents and their use, my finances, and just about everything that I fall into the trap of believing is actually mine – including life itself. The first realization all of us have to come to is that we do not own, nor control anything. It all belongs to God down to the very breath we take that gives us another second on this planet. We are merely stewards of what God entrusts to us – not owners that can control or dictate what happens to those things. Actually that is where much of our stress comes from. When we try and manage things that we truly don't control there is tension and ultimately stress. One of the things I am trying to learn is how to let God be God and have me actually do what I'm designed to do – to walk with Him as steward of what He has chosen to entrust to me. I'm not in charge, as much as I often tell myself.

In Psalm 46:10 we are given a simple yet completely effective way to deal with this problem all of us face – to let God be God. David recorded it this way for God: “**Be still and know that I am God**”. There are two simple commands, and one simple truth that we need to understand:

**1. BE STILL** – oh how we struggle with that in our busy and chaotic world today. And with all the technology, being still is almost impossible unless we take significant action to allow it to happen. But until we take that step, it's impossible to truly hear God above the noise and distraction. There are so many things flying around us that we just can't hear. Much of that is created by our own actions, and to change it we have to be willing to go against the stream and take action to be still.

**2. AND KNOW** – we know when we take the time to understand what is true, and that comes from reading God's Word where we are told about the God of Creation and all He is. We can't truly know God without investing the time to learn about Him, and then ultimately building a relationship with Him through prayer, meditation, and study. It takes time to truly know God, so we have to carve that out so we can come to a place of truly knowing Him.

**3. THAT I AM GOD** – knowing who God is gives us the confidence to trust Him and His love for us. Once we truly have been still and come to know Him, it is a no brainer to give Him control in our life. He's got so much more at His disposal to make our life better than we can even imagine. He has a plan for us that exceeds anything we can even think. His desire for us to spend eternity with Him is the most beautiful thing that can happen.

God wants us to be at peace in our life, and that happens when we leave the details to Him rather than trying to micromanage them on our own. We can't do it, and the sooner we figure that out the better for us, and for those in our patch.



# LIGHTHOUSE

*Reach Restore Refine*

PO Box 252  
500 Rocketdyne Road  
Neosho, MO 64850  
(417)451-6454  
[www.gospellighthousechurch.org](http://www.gospellighthousechurch.org)

February 2, 2020

**We welcome you to all our services!**

Sunday:	10:00 AM	Sunday School
	11:00 AM	Morning Worship
	11:00 AM	Kids Church
Wednesday:	5:30 PM	Fellowship & Devotion

# Announcements

**Tonight:** No Evening Service or Switch Tournament

**Saturday:** Valentine's Dinner, at Lampo Building, beginning at 5:00 PM.

*We need baked items for the youth fundraiser. Please bring them to the Lampo Building by 5:30 PM. Also, we hope you invite friends, neighbors and relatives to come enjoy a smoked chicken dinner. The dessert auction is always a great time, and for a good cause. Donations, for dinner, will be accepted at the door.*

*We are in need of a cleanup team for this fundraiser to break down tables & chairs, sweep, and transport supplies back to GL.*

**February 23:** This month's Special Offering will go to The Help Center.

**March 15:** Church Bowling Party at Edgewood Bowl from 3:00 PM to 5:00 Pm.

**Don't forget to discuss Sunday School  
& Kids Church  
with your children!**

For Today's Sermon

Prayer is not an \_\_\_\_\_

Prayer is a \_\_\_\_\_

Ora et labora

Prayer is the \_\_\_\_\_ of God and an \_\_\_\_\_ to his voice

**This Saturday!**

Church invites you to our,

# Valentine's Dinner!

**Saturday, Feb 8th at 5pm**

The LAMPO Building,  
500 E Spring St.  
Neosho MO

All proceeds go towards  
the GLH YOUTH GROUP

**Dessert Auction!!**

Made with PosterMyWall.com